

# EASTMONT TOMATO FESTIVAL

Presented by



SATURDAY, AUGUST 18, 2018 MEADOWBROOK CENTER, SHAWSVILLE, VA

## 2018 MATER MADNESS RULES & ENTRY FORM

Come join the fun. It's a great opportunity for folks of all ages and fitness levels to come together and enjoy fresh air and exercise before the Tomato Festival begins at Meadowbrook. High-energy boot camp style workout led by Waldron instructors and personal trainer John Shumate and Kate Stewart. May include some running, relays, obstacle courses, strength drills and more. There is no pressure or competition, just a chance at fellowship and enjoying a Saturday morning together! It's free!!

Information and entry forms are available on-line at [www.eastmonttomatofestival.org](http://www.eastmonttomatofestival.org) or by email [EastMontTomatoFestival@gmail.com](mailto:EastMontTomatoFestival@gmail.com)

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Age \_\_\_\_\_

Participant's signature (parent signature required if younger than 18)

\_\_\_\_\_

(Signature means that you have read and agree to the rules and restrictions)

### MATER MADNESS INFORMATION

**DATE:** Saturday, August 18, 2018

**TIME:** 7:15 am to 8:15 am

**PLACE:** Waldron Wellness Center

**REGISTER** at [www.eastmonttomatofestival.org](http://www.eastmonttomatofestival.org), in person or by mail to: EastMont Tomato Festival, C/O Waldron Wellness Center, 267 Alleghany Spring Rd, Shawsville, VA 24162

### MATER MADNESS RULES AND RESTRICTIONS

- All registrations must be completed prior to the event (see info above).
- T-shirts will be handed out to participants just prior to the Mater MADNESS, at the event.
- Event starts at 7:15 am and will conclude at 8:15am.
- Participants/parents acknowledge by signing entry form that the event could cause possible injury and that participants will not hold Mountain Valley Charitable Foundation, Waldron Wellness Center and any other entity or individual involved with the EastMont Tomato Festival liable for any injury that may occur during event.
- By entering the Mater Madness, participants/parents agree that use of photos of the participants for fund raising publications or promotional activities, including online, will be free of charge and that all proceeds from the sale of publications will go directly to support the EastMont Tomato Festival.